

The Newport Navallog

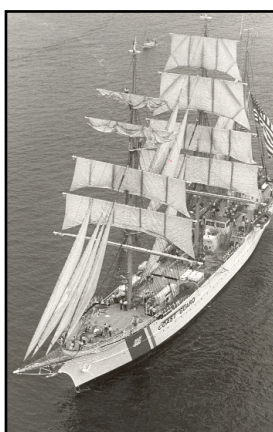
VOL. 104 NO. 6 FEBRUARY 13, 2004

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



CHILL FACTOR — Fire inspector Kevin Hook, top, aboard the Rescue Alive sled, slips a harness around Capt. Ethan Scott during Naval Station Newport Fire Department's annual ice rescue drills on Melville Pond last week. Story, more pictures, Pages 8-9.

Ron Fontaine/U.S. Navy photo



USCG to sail tall ship here

The Coast Guard's barque Eagle will join 14 other tall ships for Sail Rhode Island 2004 in July.

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Winter Fest welcomes all

The People's Credit Union Day at Easton's Beach is among 150 events planned for Newport Winter Festival.

—Pages 6,9



Governor adds recipe

Gov. Carcieri contributes the Armed Services YMCA's new cookbook.

—Page 12



DOWN A PINT — Lt. j.g. Eric Polonsky, left, Branch Newport, Naval Dental Center Northeast, donates a pint of blood in the Rhode Island Blood Center mobile donor coach last Monday outside the Navy Federal Credit Union. Technician Sean Hunt of the Blood Center checks Polonsky's blood pressure.

Ron Fontaine/U.S. Navy photo

Educator to review impact of Supreme Court decision

By **BOB KREKORIAN**
NAVSTA Public Affairs Staff

Ms. Jo Eva Gaines, an educator and member of the Newport School committee, will

Saratoga Foundation plans museum, shop

NORTH KINGSTOWN — The USS Saratoga Museum Foundation, Inc. will turn a former laundry building in North Kingstown into headquarters and a museum for the decommissioned aircraft carrier.

The 1,063-foot ship is berthed at Pier One, Naval Station Newport, next to the decommissioned carrier Forrestal.

The museum and store, in the 6,000 square foot building on Post Road, is scheduled to open in June and will include naval artifacts and information on the Saratoga, plus office space, a meeting room and a workshop, according to foundation president Frank Lennon.

speak at Naval Station (NAVSTA) Newport's observance of African American History Month on Feb. 18 at 11 a.m. in the Building 690 Atrium.

The foundation has been trying for the past five years to move the ship from Coddington Cove to Quonset Point to make it the centerpiece of an Air, Land & Sea Heritage and Technology Park at Quonset Point.

The new spaces will accommodate a 34-ton Paramount Pictures model of the battleship Nevada, which the foundation is renovating, and a 15-foot Textron/Bell Helicopter Osprey wind tunnel model, which is on loan from the Marine Corps.

The Saratoga served from 1956 to 1994, including the Vietnam War, Operation Desert Storm and the conflict in Bosnia. The ship can carry 5,000 crew and fighter pilots.

The program will be open to military and civilian employees of NAVSTA Newport and tenant commands.

The program includes a literary reading, a performance by the Navy Band Newport's Brass Quintet and a soloist. This year's theme is *Brown vs. Board of Education* (50th anniversary).

On May 17, 1954, the Supreme Court unanimously declared that separate educational facilities are inherently unequal. The landmark decision was aimed at ending segregation in public schools.

Ms. Gaines has been a member of the Rhode Island Board of Regents for Elementary and Secondary Education since 1985 and is the current vice president.

The lunch menu Feb. 18 at Ney Hall will feature southern style fare.



Ms. Gaines

DoD buyout targets 25,000

By **SGT. 1st CLASS D. SAMPLE**
American Forces Press Service

WASHINGTON — Up to 25,000 Defense Department civilians may be eligible for thousands of dollars in separation pay through an early-buyout program.

The program is part of the 2004 National Defense Authorization Act.

Last Dec. 30, Ginger Groeber, Deputy Undersecretary of Defense for Civilian Personnel policy, allocated 25,000 buyouts to defense components to pay eligible departing employees up to \$25,000 if they choose to leave their jobs early.

She said the program is available for permanent hires, which includes workers not on time-limited appointments such as temporary appointments or those with a specified end date to their employment, and is available to both appropriated and nonappropriated fund personnel.

The program has no age limitation, but workers must have worked for the Defense Department for at least 12 months before accepting a buyout. They must also be U.S. citizens, Groeber said.

Not all workers will get the \$25,000 maximum payment, she said. The buyout is the lesser of \$25,000 or what the employee would receive in severance pay.

Groeber said the program's primary beneficiaries are

employees who work at facilities the Defense Department expects to close, or at locations where there is a change in the military mission. She said that while the buyout will help DoD to minimize its work force at commands and organizations that are downsizing or restructuring, it also may allow the department to offer a substantial sum of money to workers forced out of their jobs through the separation process.

The deputy undersecretary added that the buyout comes at an important time, especially with the next round of base realignment and closures expected to begin in 2005.

Groeber said buyouts were very effective in the 1990s, when the government closed several bases and installations, providing a more cost-effective and human alternative to reductions in force. Employees interested in buyouts should contact their component civilian personnel offices.

To our readers

To post an announcement in *The Newport Navallog*, submit copy via guard mail (Code N01P), facsimile or hand delivery to our offices in Building 690 opposite the Naval Station (NAVSTA) Newport Main Post Office. Phone is 841-4921.

The U.S. Mail address is *The Newport Navallog*, c/o Naval Station Newport Public Affairs Office, 690 Peary St., Newport, R.I. 02841-1522.

Navalog

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Commanding Officer, Naval Station Newport

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Coast Guard Eagle to join Tall Ship fleet here in July

By CAROLYN BAKER
NAVSTA Public Affairs Staff

The U.S. Coast Guard barque Eagle, a 295-foot sail training ship, will be among 15 tall ships expected to participate in Sail Rhode Island 2004 this summer.

The ships will sail up Narragansett Bay and berth at Quonset Point, a former naval air station in World War II, July 15 to 21.

Homeported at the Coast Guard Academy in New London, Conn., the Eagle is the only active operational commissioned sailing vessel in the U.S. maritime services.

The Eagle was taken from Germany by the United States as a war prize. It was commissioned in 1946, and is the seventh in the line of cutters bearing the Eagle name. The first was commissioned in 1792.

The ship currently serves as a seagoing classroom for approximately 175 cadets and instructors at the Coast Guard Academy.

The sailing ships will sail to Rhode Island waters from Greenport, N.Y. Their visit is part of the 2004 Tall Ships Challenge, a series of races, rallies, cruises and port festivals along the East Coast.

A parade of sail up Narragansett Bay is planned on July 15 from noon to 4 p.m. Good viewing spots will be along the Jamestown shore and Fort Adams.

The festival is expected to draw an estimated 1.5 million people, and the public may board the ships at Quonset for an admission



Navalog file photo

THE COAST Guard sail training barque Eagle will join Sail Rhode Island 2004 in July. About 15 tall ships are expected to berth at Quonset Point.

fee.

The other ships scheduled to attend include:

Libertad, Argentina.
Branderis, USA
Bluenose II, Canada
Cuauhtemoc, Mexico
Dar Młodzieży, Poland
Dewaruci, Indonesia

Europa, Netherlands
Gloria, Colombia
Iskra, Poland
Mircea, Romania
Picton Castle, Cook Islands
Pogoria, Poland
Sloop Providence, USA
Tenacious, United Kingdom

Newport Naval Cable TV

Sailors in Japan form hockey team

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories on this week's show:

— What a Sailor or Marine can expect when arriving at the Naval Diving and Salvage School in Panama City, Fla.

— U.S. Sailors in Yokosuka, Japan, form a hockey team and share their knowledge of the ice with the community there.

— Two hundred Sailors and Marines receive citizenship at Marine Corps Base, Camp Pendelton, Calif.

Africans in America, 4-part video series

In celebration of African American History Month, the video series, *Africans in America—America's Journey Through Slavery 1450-1865*, airs on channel 11 starting Tuesday, Feb. 17, through Friday, Feb. 20, at 10 a.m., and 1:30 and 7 p.m.

Each day a different segment will be aired showing an interesting look at the roots of slavery.

This special program will preempt the regularly scheduled Fleet and Family Support Center videos.

OIS to graduate 43 in ceremonies

By JOY CHRISTMAS
NAVSTA Public Affairs Staff

Officer Indoctrination School (OIS) will graduate Class 04020 in ceremonies today in Capt. Howard N. Kay Hall at Naval Station (NAVSTA) Newport. A traditional pass in review will begin the program at 9 a.m.

Rear Adm. Ann E. Rondeau, Commander, Naval Service Training Command Great Lakes, will serve as reviewing officer and guest speaker.

The ceremonies culminate

five weeks of intense naval indoctrination for the 43 newly commissioned officers for service in the Medical Corps (MC), Medical Service Corps (MSC), Nurse Corps (NC), Judge Advocate General Corps (JAGC), Dental Corps (DC) and nuclear power field. The curriculum included military bearing and appearance, naval law, naval history, career development, physical readiness, damage control, personnel administration, Navy poli-

OIS GRADUATION, Page 13

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Naval War College photo

SECURITY EFFORTS RECOGNIZED — Cmdr. Michael C. Amaral, left, of the Naval War College and who recently received the Unified Best Practices Award for his efforts in improving regional, inter-agency maritime domain awareness in critical ports in New England, poses with James K. Dargan, national program manager for Operation Watchtower, Department of Homeland Security. Before arriving in Newport last summer, Amaral worked with the Office of Naval Intelligence in Boston.

Navy Achievement Medal

IC1 Donald E. Lee, Port Operations, from USS Shreveport (LPD12), Bahrain, presented at Naval Station Newport, Feb. 4, 2004.

MA3 Jeffrey A. Zimmer, Naval Security Force, from Commanding Officer, Naval Weapons Station, Earle, N.J., presented at Naval Station Newport, Feb. 4, 2004.

Letter of Commendation

MA1 Scott Johnson, Naval Security Force assigned to Naval War College, presented at Naval Station Newport, Feb. 4, 2004.

MA1 Dean Connors, Naval Security Force assigned to Naval War College, presented at Naval Station Newport, Feb. 4, 2004.

MA2 Martin Branch, Naval Security Force assigned to Naval War College, presented at Naval Station Newport, Feb. 4, 2004.

MA2 Steven Wroblewski, Naval Security Force assigned to Naval War College, presented at Naval Station Newport, Feb. 4, 2004.

MA3 Johnny Mitchell, Naval Security Force assigned to Naval War College, presented at Naval Station Newport, Feb. 4, 2004.

BM2 Courtney Sims, Naval Security Force assigned to Naval War College, presented at Naval Station Newport, Feb. 4, 2004.

Letter of Appreciation

RP2 Hiram Vega-Rivera, Port Operations, from USS O'Kane, presented at Naval Station Newport, Feb. 4, 2004.

Length of Service

Gary J. Moniz, Naval Security Force, 15 years, presented at Naval Station Newport, Feb. 4, 2004.

Brian R. Curt, Public Works Dept., 20 years, presented at Naval Station Newport, Feb. 4, 2004.

John C. Reichert, Public Works Dept., 25 years, presented at Naval Station Newport, Feb. 4, 2004.

Navy Times Best Base contest rates Naval Station as No. 2

Navy Times readers rated Naval Station (NAVSTA) Newport second only to Naval Station San Diego as the Navy's best shore base, according to the newspaper's 2004 Best Base contest released last week.

In two subcategories, however, Newport was named Best Base for Singles and Best Small Base.

Third place overall was Pearl Harbor Complex, Hawaii, followed by Coronado/North Island, Calif., and Naval Air Station Whidbey Island, Wash.

The awards were based on a combination of readers' votes and quality of life statistics on climate, crime, commuting, attracting new residents, housing affordability and health care availability. A structured point system placed more weight on readers' opinion than statistical data.

Marine Corps readers chose Camp Pendleton in California as top base.

At an all hands call last week, Capt. Robert McLaughlin, Commanding Officer, NAVS-

TA, took pride in the announcement. He said California's sunny weather has the advantage over Newport. "You can't do much about cold winter weather here," he said.

The *Navy Times* assessed housing affordability by comparing a married E4's monthly BAH payment to the median rent in metropolitan areas and counties from the 2000 census. The top bases, based on percentage the BAH exceeded median rent, included Newport at 64 percent.

NEWPORT WINTER FESTIVAL

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It's Friday the 13th, so don't press your luck

By **RICHARD ALEXANDER**
Navalog editor

Don't look now at your desk calendar, but it's Friday the 13th.

Most working people like Fridays, the last day of the week, unless they have to work Saturdays. Friday is often a payday, and kicks off the weekend.

TGIF is a popular expression and is the name of a bar in Warwick, R.I.—TGI Fridays.

But when the 13th of the month falls on a Friday, superstitious folks are extra careful.

Friday the 13th has become synonymous with unlucky. There are millions of people who suffer from triskaidekaphobia, the fear of Friday the 13th. Psychiatrists who diagnose patients with a morbid, irrational fear of 13 are called paraskevedekatriaphobics.

According to some traditions, the following practices should be avoided on Fridays: births, weddings, trips, the sailing of a ship, cutting one's nails, or starting a new job. Fridays were believed to be the day when evil spirits are up to no good.

The shroud of superstition surrounding the number 13 has been around since pre-Christians days. Fear of the number, especially associated with dinner parties, dates back to Norse mythology.

The fable describes a banquet held in Valhalla to which 12 gods had been invited. Loki, the God of Evil and Mischief, crashed the party, bring the total to 13. During the raging turmoil, Balder was killed, and he was favorite of the gods.

The misery, betrayal and bad luck associated with Friday the 13th is assumed to have begun on Oct. 13, 1307. On that date, Pope Clement V of the church in Rome and King Phillip the Fair of France carried out a secret death warrant against "the Nights Templar." The Templars were denounced as heretics, and their grand master, Jacques de Molay, was arrested, tortured and crucified.

Through a twist of fate, Fridays' gloom took another bad turn. In early Rome, Friday was the execution day for criminals. Friday is believed to be the day Christ was crucified at Calvary, and Fridays later

became known as Hangman's Day in Great Britain and North America.

According to scripture it was on a Friday that Eve tempted Adams with an apple, the for-

bidden fruit. That unleashed sin and the entire spectrum of human suffering into the world.

Thirteen persons, including Jesus, ate at the Last Supper.

And since the meal preceded Christ's crucifixion, the number was perceived as an omen of misfortune.

In contemporary society, skyscrapers skip the 13th floor,

and some hotels and airlines omit room numbers or seat number 13.

So tread lightly today. It wouldn't hurt to avoid ladders or black cats.

"I wouldn't trade it for anything."

- **Gerald Hartmann**
Sgt. USAF, Ret.; Bedford, MA

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Newport, RI



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good about being a
member."**

- Albert Pettingill,
US Army, Ret.;
Bradford, MA

**"Whatever help I
need, I get."**

- Claire Jeronimo,
Fairhaven, MA

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US Family Health Plan is the Uniformed Services Family Health Plan, a permanent part of the military health system.

*Source: 2003 Market Street Research survey of USFHP members in the MA/RI region. On a scale of 1 to 10, where 10 is the best, over 93% of our members gave us an 8 or higher; 60% gave us a 10. (Nationally, only 62% of health plan members gave their plans an 8 or higher, according to the 2002 NCQA survey.)

What's going on

Winter Fest shakes off indoor blues

If you have been hibernating this winter, the Newport Winter Festival is worth venturing outside,

This 16th annual celebration, today through Feb. 22 and coinciding with school vacation week, has become the season's most anticipated events. More than 150 events are scheduled to help to shake off the chill and boredom out of winter.

Visit Information, Ticket & Travel (ITT) Office, Building 656 at Naval Station Newport, to buy an official Winter Festival buttons, good for free or discounted admissions to events.

For more information, a button or list of events, call ITT at 841-3116.

FRIDAY, Feb. 13

- Lunch and Learn Movie Matinee (Building Your Child's Self-

Esteem), 11:30 a.m. to 1 p.m., Fleet and Family Support Center, 841-2283.

Feb. 13 — Valentine's Dinner Show, 6 p.m., Officers' Club. Call 846-7987 for reservations or more information.

- Festival Ballet Providence presents "Firebird," 7:30 p.m., Providence Performing Arts Center, 220 Weybosset St., Providence. Call 421-ARTS.

- Recreation Center movies are shown upon request beginning tonight: *Radio*(PG-13); *Cold Creek Manor*(PG-13).

SATURDAY, Feb. 14

- Valentine's Family Breakfast, 9:30 to 11 a.m., Armed Services YMCA. Come make pancakes and make crafts. \$2 per person.

- Youth Sweetheart Dance, sponsored by NAVSTA Newport First Class Petty Officers' Association, 4 to 8 p.m., Greene Lane Housing Community Center.

SUNDAY, Feb. 15

- Chapel of Hope Sunday worship services:

- Protestant service, 8 and 10:30 a.m.

- Catholic mass, 9 a.m. and noon.

- Sunday Brunch, Officers' Club, 10 a.m. to 12:30 p.m.

- Sunday bowling, Sea view Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.

- Sunday Bird walks, 8 a.m. Norman Bird Sanctuary, Third Beach Road, Middletown. Call 846-2577 for more information.

MONDAY, Feb. 16

- Presidents' Day. Federal holiday.

TUESDAY, Feb. 17

- Navy Choristers rehearsal, 6:15-8:45 p.m., Quinn Lecture Room at Naval War College. Call 847-4256 or

423-3523 for more information.

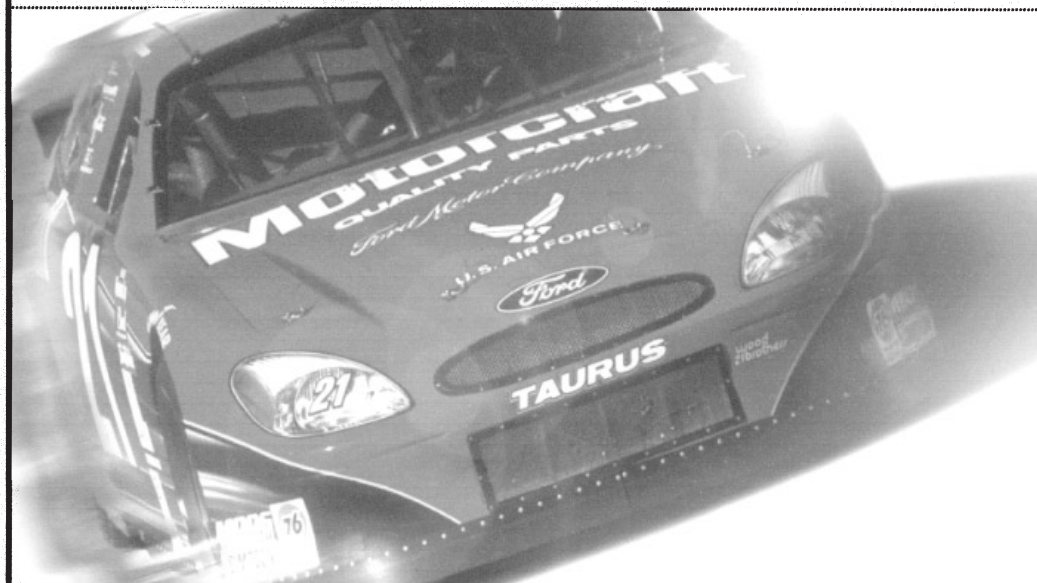
WEDNESDAY, Feb. 18

- Armed Services YMCA (846-9622):

- Animal Experience, see reptiles and amphibians, up close and personal, 1 to 2 p.m.

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Fleet and Family Support Center

Pack lunch, see movie

Bring your lunch to the Fleet and Family Support Center today at 11:30 a.m. and watch the one-hour film, *Building Your Child's Self-Esteem*.

No registration is required. Just bring your lunch and enjoy the show!

Write an effective resume — The Fleet and Family Support Center is offering a workshop entitled, "Effective Resumes," on Wednesday, Feb. 18, from 11:30 a.m. to 1 p.m. A resume is one of your most important tools when looking for a job.

Learn how to prepare an effective resume that will get you an interview. This workshop will cover what to include on your resume, which format to use, and other resume writing tips.

For more information or to register, call 841-2283.

Home by myself — The Fleet and Family Support Center has scheduled a Home By Myself workshop on Thurs-

day, Feb. 19, from 8 to 11:30 a.m., at the Fleet and Family Support Center. Home-alone skills for children will be presented, including fire and police safety, basic first aid, role-playing, and more.

Children must be accompanied by an adult. Completion of this program does not certify that children are capable of staying home alone; that remains a parental decision.

Registration is required and may be made by calling 841-2283.

College funding tips — This workshop is scheduled for Tuesday, Feb. 24, from 11:30 a.m. to 1 p.m., at the Fleet and Family Support Center. A Navy Federal Credit Union representative will be discussing the average annual cost of a college education and various sources of college funding.

Registration is required and may be made by calling 841-2283.

Program trains adult men to be role model for boys

The Fleet and Family Support Center is hosting a program by Child and Family Services of Newport County, called, "Men 2 B—A Role Model Support Capacity Program."

This program is for any man who would like to serve as a role model for young boys. The two-part training series is scheduled for Saturday and Sunday, Feb. 21 and 22, from 9 a.m. to 3:30 p.m.

The training is designed to give men who already impact the lives of boys an opportunity to develop even stronger skills to support these boys. The training is free, and food will be provided. A \$100 incentive reward will be given to all men who complete the program.

Workshop participants may include

fathers, grandfathers, counselors, educators, law enforcement workers, coaches, mentors, medical professionals, and more.

Men 2B is a training and support program for men who care about boys, that prepares them to be more effective and confident role models.

These are men who may or may not have seen themselves as role models, but who have opportunities to positively influence the lives of boys.

Participants receive 12 to 20 hours of informal training and discussion sessions conducted by local experts on various topics, such as:

The role of men in society and the family, and the positive influence men can have on teenage behavior; Nor

MENTORS, Page 13

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Icemen take plunge for rescue training

By **RICHARD ALEXANDER**

Navalog editor

PORTSMOUTH — Not many people would choose to be outdoors in the recent sub-zero temperatures, but arctic weather is just what the Naval Station (NAVSTA) Newport Fire Department needs to practice ice rescues.

About 10 men from Engine Station 2, Building 11; and Engine

Station 4 at Melville trained last week at Melville Ponds near the Melville Navy Housing Area using a Rescue Alive pontoon sled. The men donned extreme cold weather survival suits, nicknamed Gumby suits, and took turns being rescuer and victim.

A hole was cut in the ice about 50 yards offshore, and the "victim" slid into the icy water. The rescuer maneuvered the 88-pound sled across the ice to the victim, who was hauled aboard and strapped in. Teams on shore then pulled on nylon lines and



Capt. Scott, playing a drowning victim, bobs in the icy water and signals for help.

reeled in the sled, rescuer and victim.

The sled can hold 600 pounds and can be unpacked and deployed from a truck in 10 minutes.

Capt. William McCollum, who directed the drill, said the ice is about 8 to 10 inches thick in mid-winter but with a spring thaw on the horizon the pond can become a hazard.

"The ice gets thinner, the kids are out of school in warmer weather and they might test the ice," he said. "We hope we never have to use this sled, but we want to be ready in case we do."

He said the 22-square foot sled can be carried or slid across the ice, and will float in slush or water. In contrast, the Middletown Fire Department uses a surfboard with ice picks to crawl out on the ice.

The first victim, Capt. Ethan Scott, had the chore of chopping the hole in the ice. He was rescued by inspector Kevin Hook.

"It's just like sitting in a hot tub, surrounded by ice," Scott



Capt. Ethan Scott, left, and fire inspector Kevin Hook chop a hole in the Melville Pond ice, estimated at 8 to 10 inches thick.

**Ron Fontaine/
U.S. Navy photos**



Firefighter David Stimson, top, hauls in firefighter Robert Paul while the rescue team on shore prepares to pull them in.



REELING IN — The rescuer and victim aboard the Rescue Alive sled are reeled by, from left, fire captain William McCollum, fire inspector Kevin Hook, driver/operator Paul Paquette and captain Ethan Scott.

Rescue

Continued from Page 8

said. "Actually, I'm hot in this suit."

He volunteered to be the victim again.

Assistant Chief Dennis Coffey said the annual drill will

involve all 48 firefighters from the four stations.

Last week's drill also included a HAZMAT inflatable tent shelter where victim and rescuer could change clothes.

McCollum, a senior member of the force, said the sled has never been used to rescue a person, and the last "victim" was a German shepherd in 1997.

Announcements

NLSO to close for training

The Naval Legal Service Office will be closed for legal assistance on Tuesday, Feb. 17, at noon through Friday, Feb. 20 so that the military staff can attend regional training in Brunswick, Maine. Normal office hours will resume on Monday, Feb. 23.

Personnel claims may still be dropped off during the period that the office is closed for legal assistance and will be processed as usual. Notary services are available at the Navy Federal Credit Union adjacent to the Navy Exchange. Limited appointments are available with reserve attorneys on the evening of Feb. 19.

For further information or to make a legal assistance appointment for Thursday or another time, call 841-3766, ext. 200.

NLSO offers legal aid

Naval Legal Service Office (NLSO) North Central Branch Office at the Naval Justice School, Building 360, offers free legal assistance services, said Lt. Sean Cogley JAGC, Branch Head.

There are appointments available for will consultations, advice on divorce and family law matters, consumer problems, landlord tenant issues and other legal matters. NLSO also prepares powers of attorney and can notarize documents without an appointment.

Call 841-3766, ext. 200 for more information or to make an appointment.

Thrift Shop accepts clothing, but no toys

The Navy-Marine Corps Relief Society Thrift Shop only accepts clothing in good condition. We cannot accept toys, torn or stained cloth goods, large appliances and items not in working order.

Please inspect your bags and make sure they are indeed meant for the Thrift Shop. Bags of trash and other unmentionables have been placed in the bin and this creates a very unsanitary and unhealthy environment for our volunteers, as well as for our patrons.

Primary Care implements new check-in, check-out

In efforts to expedite quality service to our patrons, the Naval Ambulatory Care Center (NACC) Newport has implemented a new patient check-in, check-out policy for its Primary Care services.

The check-in desk is located on the first floor in the Primary Care area. This check-in point is for patients of all Primary Care services, including Pediatrics.

The checkout desk is now located at the former Pediatric Clinic Desk, where patients can make follow-up appointments or receive information regarding other services and resources.

Information, Tickets and Travel

Cure the winter blues

The Newport Winter Festival is back and it's better than ever this year.

Enjoy 10 days of food, festivities, music and fun at the 16th annual Newport Winter Festival for just \$5 when you purchase a button at the Information, Tickets & Travel Office, Building 656. Button holders receive reduced-price admission to most of the festival events.

The festival runs until Feb. 22 and features hundreds of events such as hayrides, a children's fair, mansion tours, a pizza cook-off, an ice sculpting competition and more.

ITT also has advance tickets available to several of the festival's premiere events, including Eight to the Bar (Feb. 13) at the Hyatt Regency; Beatlemania (Feb. 14) at the Hotel Viking; and Bellevue Cadillac (Feb. 21) at the Hyatt Regency. All tickets are available at a discounted rate and will sell out, so stop in and get yours today!

Visit the Information, Tickets & Travel Office to pick up a free brochure that lists all the exciting events.

Let's ski Wachusett

Now is the time to sign up for the Information, Tickets & Travel Office annual ski trip on Sunday, Feb. 15! This year, we are heading north to Mt. Wachusett in Princeton, Mass., featuring six lifts and 17 trails covering over 95 acres.

Cost is \$65 per adult and \$52 for children 12 and under, including round trip transportation and an all day lift ticket. Beginner package available for an additional \$20, includes equipment, lesson and all day Low Mountain lift ticket.

Discount equipment rentals are available at Gear Rental, Building 303 (pick-up on Saturday/return on Wednesday). Contact Frank DiSarro at 841-2568 for fittings and rates. Equipment rental is also available at the mountain: skis, poles and boots, \$20; or snowboards and boots, \$25. Departure time is 5 a.m. and we will return at approximately 8 p.m. Call 841-3116 for more information.

Sesame Street Live returns

See Big Bird, Elmo and the whole Sesame Street gang live on Saturday, Feb. 28, at the Providence Performing Arts Center.

The Information, Tickets & Travel Office, Building 656, has discounted tickets for the 2 p.m. matinee of *Sesame Street LIVE "1-2-3 Imagine."* The musical extravaganza explores the world of imagination and teaches children that anything is possible.

Tickets are \$15 for adults and children 12 months and older. For more information, call ITT at 841-3116.

See Broadway musicals

The Information, Tickets & Travel Office in Building 656 has tickets available for the following Broadway musicals coming to the Providence Performing Arts Center in Providence.

Seating is located in the orchestra section for the Sunday matinee performances of the following shows:

The Graduate, April 18, 2 p.m. \$50.75

Starlight Express (music of Andrew Lloyd Webber), May 23, 2 p.m., \$49.

Tickets will be sold on a first-come, first-served basis and due to the limited number of tickets available, the Information, Tickets & Travel Office reserves the right to limit quantities.

Visit the Information, Tickets & Travel Office in Building 656 to purchase tickets or call 841-3116 for more information.

Naval Station Newport Dining

Recreation Center to shorten hours

The Morale, Welfare and Recreation Department has announced the following changes in its hours of operation for the Recreation Center, Building 656, beginning on Feb. 20.

The Enlisted Lounge:

Wednesday-Saturday, 4 to 11 p.m.

CPO Lounge, Wednesday and Thursday, 4 to 9 p.m.; and Friday, 4 to 11 p.m.

Computer Café, Monday to Saturday, 11 a.m. to 9 p.m.

The Recreation Center kitchen will be open only Wednesday through Saturday, from 4 to 8 p.m. **Lunch service is no longer available.** For more information, call 841-3054.

Seaview Lanes Bowling Center and Information, Tickets & Travel will continue regular hours of operation as follows:

Seaview Lanes, Monday, 5-9 p.m.; Tuesday to Friday, 5 to 10 p.m.; Saturday, 1 to 7 p.m.; Saturday (bi-weekly), 8 to 11 p.m.; and Sunday, 1 to 7 p.m.

Information, Tickets & Travel, Monday-Friday, 11 a.m.-4 p.m.

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

Tonight: Kick-off the weekend with complimentary hors d'oeuvres in the Topside Pub from

5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

Monday-Wednesday: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections. Dinner, 4 to 10 p.m., Topside Pub, Pick from the pub menu.

Tired of cooking? Dine on boneless Buffalo wings, New England clam chowder or try our bacon cheeseburger, a half-pound black angus burger topped with hickory smoked bacon, cheese, crisp lettuce, tomato and onion with a variety of items available, there is something for everyone!

Thursday: Lunch, 11 a.m. to

1:15 p.m., first deck, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, and creamy clam chowder. Pub opens at 4 p.m.

Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events.

Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

To purchase tickets or for more information, call 846-7987 or 841-4821.

Valentine's Dinner Show: Your valentine will feel extra special if you purchase tickets to this fabulous evening of romance! Treat your love to an exquisite dinner followed by



dancing to the music of the incredible Mac Chrupcala Band tonight at the Officers' Club.

The romantic menu begins at 6 p.m. with hors d'oeuvres and cocktails (cash bar) served in the Bay Room. Baskets of warm bread and Caesar salad are the preview for the main course — a sumptuous surf 'n turf dinner of Chateaubriand and baked stuffed lobster.

Dessert for two is oversized strawberry shortcake topped with fresh whipped cream and

served with coffee.

After dinner, lace up your dancing shoes and take to the floor as you enjoy an energetic and musically diverse performance by local favorites, The Mac Chrupcala Band.

Your valentine is going to love you if you purchase tickets to this fabulous evening of romance!

Tickets to this romantic event cost \$29.85 per person, including gratuity and are on sale now at the Officers' Club Gift Shop.

To purchase by phone using Visa/MC, call 846-7987.

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Hours of operation: The Enlisted Club is open 11 a.m. to 11 p.m., Monday to Saturday and from noon to 6 p.m. on Sunday.

The CPO Lounge is open Monday through Thursday, 4 to 9 p.m. and Friday, 4 to 11 p.m., and by request* on the

weekend.

The CPO Lounge will be open on the weekend, by request only for a minimum of 20 people or with a sales guarantee of at least \$200. The Lounge may also be reserved for catered events. Requests to open must be submitted by Monday for the following weekend.

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, and sip refreshing beverages.

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Bowling

(Building 656, 841-4293)

Winter Bowling Hours: The Seaview Bowling Center, Building 656 announces the following winter operating schedule: Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m.; and Saturday and Sunday, 1 to 7 p.m. Rock and

This class is required for youth ages 10 to 15, and is also available for 16 and 17-year-olds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at

Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for infor-

mation or to pre-register.

Swimming lessons

(Pool 307, 841-6628)

The next session of swim lessons will run from March 8 to April 2. Lessons meet twice a week for four weeks, cost \$50 per person and take place

for 30 minutes. Lessons offered are: Preschool, Level 1, Level 2 and Level 3. Beginning Monday, February 23 registrations will be accepted at the Athletic Director's Office, Gym 109, Monday through Friday 8 a.m. to 4:30 p.m. Classes fill-up fast and are limited.

Leisure

Bowl, every other Saturday, 8 to 11 p.m.

For more information, call the Bowling Center at 841-4293, during business hours.

Specials:

- **School vacation week bowling specials:** Stop in during the winter school vacation, Feb. 16 to 20 and enjoy an afternoon of bowling. The bowling center will be open throughout the week beginning at 1 p.m., so don't sit around during school vacation week—get out and have some fun! This week, the bowling center is open from 1 to 5 p.m. Monday through Friday and costs \$7 per lane (2 person minimum). For more information, call the Seaview Lanes at 841-4293.

- **Rock and Bowl:** Every other Saturday night beginning at 8. Cost is just \$7 per person. Bowl a strike when the head pin is red and you will win a prize! It's rocking, it's rolling, it's bowling and it's a blast! Rock and Bowl Night is next Saturday, Feb. 21.

Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

- Bumper bowling is always available.

Youth/special fitness activities

(Gym 109, 841-3154)

- Youth fitness program: Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

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Governor adds spaghetti recipe to cookbook

By **JOY CHRISTMAS**
NAVSTA Public Affairs Staff

Do you cook or prepare a dish that everyone raves about? If so, now is time to share the recipe.

The Armed Services YMCA (ASYMCA) is preparing a cookbook and is calling on the local

military and civilian community to contribute favorite recipes.

Sonya McGough, ASYMCA Executive Director, said the recipes that have been have

been contributed so far, include one from Gov. Donald Carcieri.

Proceeds from the illustrated bound collection will be used to fund ASYMCA activi-

ties and programs.

Carcieri submitted his wife Sue's spaghetti and meatball recipe. His enclosed note said it is his favorite and hopes everyone will enjoy it as much

as he does.

McGough said more than 100 recipes have been received so far, but expects as many as 200 to 300. The cost depends

COOKBOOK, Page 13

Sports

Intramural basketball

The Naval Station Newport Intramural Basketball League results for the week ending Feb. 6, follow:

18 and over Feb. 2

SWOS Hit Men def. SWOS Hard 8, 50-37
NWC & Icy Hot def. REDCOM One, 44-38
BOOST Alpha def. MARDET Wolverines, 67-43

Feb. 3

NWC & Icy Hot def. SWOS B-Game, 64-32
SWOS Hit Men def. BDC Flosser, 48-46
NACC def. NFA, 50-48 OT

Feb. 5

SWOS Hard 8 def. SWOS B-Game, 47-36
BDC Flosser def. REDCOM One, 41-38
MARDET Wolverines def. NACC, 45-44

Standings

NWC & Icy Hot.....5-0
NACC.....4-1
SWOS Hitmen.....4-1
NFA.....2-2
BOOST Alpha.....2-1
SWOS Hard 8.....2-3
BDC Flossers.....2-3
MARDET Wolverines.....2-3
SWOS B-Game.....0-4
REDCOM One.....0-5

35 and over Feb. 4

NWC Juniors def. NWC Seniors, 62-39
1st Draft def. Nothing But Net No. 3, 58-38
Nothin But Net No. 3 def. Grumpy Old Men, 59-58

Standings

NWC Juniors.....5-0
1st Draft Pick.....4-1
Nothing But Net.....3-3
Grumpy Old Men.....0-4
NWC Seniors.....0-4

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Mentors

Continued from Page 7

mal adolescent development; Developing communication skills that are effective with youth; child rearing, boundary setting, and positive discipline skills; How to give youth clear messages about abstaining from sexual intercourse, substance use and violence;

Reproductive health and physiology; The impact of sexual, physical and mental abuse on children and where to refer youth for additional help.

For more information and to register, contact the Fleet and Family Support Center at 841-2283.

Cookbook

Continued from Page 12

on how many recipes are in the directions, e.g., "Combine flour and sugar." DO NOT use statements like, "Combine first three ingredients."



Gov. Carcieri

Recipes will be categorized as appetizers and beverages; soups and salads; vegetables and side dishes; main dishes; breads and rolls; desserts; cookies and candy

Up to five recipes can be submitted per person and should be typed or legibly printed in ink (not pencil). There should be one recipe per page. If more than one page is needed, use a separate page and staple together.

Other directions include:

- List all ingredients in order of use in ingredients list and directions.
- Include container sizes, e.g., 16-oz. pkg., 24-oz. can.
- Use the abbreviations for ingredient portions such as: pt., qt., pkg., env., c., tsp., T, oz., lb., gal., doz., sm., md., lg.
- Keep directions in paragraph form—not in steps.
- Use names of ingredients

• Include temperatures and cooking, chilling, baking and/or freezing times.

• Text not part of the recipe (ingredients, directions, contributor name, serving size or title) will not be included.

• Be consistent with the spelling of your name for each recipe you contribute.

In addition to recipes, the cookbook will contain helpful cooking hints, recipe category dividers, a table of contents, an index and special pages of interest to the community.

The deadline to submit recipes is Monday, Feb. 16 at 4 p.m., either via e-mail at newportasmca@earthlink.net, or dropped off at the ASYMCA. E-mail can also be used to reserve a cookbook, or by calling the ASYMCA at 846-9622.

Day cruises visit seals

The Rose Island Lighthouse Foundation and Save the Bay are sponsoring seal watch cruises to explore and learn about the harbor seal's habits and its migratory habits.

Cruises aboard the M/V Alletta Morris depart from Bowen's Landing in Newport. Adult tickets are \$18; children, seniors and "Save the Bay" members are \$15.

There are two trips per day, Feb. 15 to 20, depending on tides.

For reservations call 272-3540 ext. 133.

'Boat Smart' accents safety

The Newport Sail & Power Squadron (NS&PS) will offer a "Boat Smart Class" this winter in the Newport County area.

The five-session course will start Monday, Feb. 23 at 7 p.m. at the Newport Yacht Club. The class will cover the essentials of boat safety and enjoyment and is for both experienced and new boaters.

The class will continue Feb. 25, and March 1, 3 and 8. Each class lasts 2 hours.

Registration starts on Feb. 23 at 6:30 p.m. Contact Lillian Lopes at 683-2431 or Forest Golden at 683-4394 for further information and registration.

OIS Graduates

Continued from Page 3

cies and personal excellence.

Additionally, students participate in the one-week Division Officer Leadership Course that prepares the officers for their responsibilities as naval leaders.

OIS Class 04020 and their follow-on assignments follow:

Ensign Carlos Albarracin, Naval Hospital, Great Lakes, ILL.

Lt. j.g. Blake Allison, National Naval Medical Center, Bethesda, Md.

Lt. j.g. Clemia Anderson, Naval Hospital, Cherry Point, N.C.

Lt. j.g. Janette Arencibia, Naval School of Health Sciences, San Diego, Calif.

Ensign Paul Benoit, Naval Undersea Medical Institute, Groton, Conn.

Lt. j.g. Felecia Brown, Naval Hospital, Oak Harbor, Wash.

Ensign Clinton Bullman, 3D Force Service Support Group Fleet Marine Force Pacific, Okinawa Camp, Japan

Ensign Catherine CayananSoteras, Naval Medical Center, San Diego, Calif.

Lt. j.g. Heath Clifford, Naval Aerospace Medical Institute, Pensacola, Fla.

Lt. j.g. Tara Collins, Naval Medical Center, San Diego, Calif.

Ensign Dominador Constantino, Naval Disease Vector Ecology and Control Center, Bangor, Wash.

Lt. j.g. Heather DeShone, Naval Hospital, Great Lakes, ILL.

Ensign Deirdre Desmond, Naval Hospital, Pensacola, Fla.

Lt. Thomas Fearing, Naval Research Center, Miramar, Calif.

Lt. j.g. Beata Gonzales, National Naval Medical Center, Bethesda, Md.

Lt. Cmdr. James Harmon, Naval Medical Center, San Diego, Calif.

Ensign Marcus Hill, Naval Hospital Training, Portsmouth, Va.

Ensign Gretchen Jackson, 3D Dental Battalion, Okinawa Camp, Japan

Lt. j.g. Jason Jones, Naval Medical Center, Portsmouth, Va.

Lt. j.g. Austin Latour, Naval Aero Space Medical Institute, Pensacola, Fla.

Lt. j.g. Samuel Levin, Naval Environmental and

Preventative Medicine Unit 2, Norfolk, Va.

Lt. j.g. Ressurreccion Macaspac, 1st Force Service Support Group, Fleet Marine Force Pacific, Camp Pendleton, Calif.

Lt. Brandon Magill, 11th DNCO, Nonshu Japan
Lt. j.g. Nicholas Martin, Naval Medical Clinic, Patuxent River, Md.

Ensign Frederick Matheu, Naval Hospital, Twenty-nine Palms, Calif.

Lt. j.g. Ronald Matthews, Naval Medical Center, San Diego, Calif.

Lt. Kellie McIlwain, National Naval Medical Center, Bethesda, Md.

Lt. j.g. Marlo Narro, Naval Ambulatory Care Center, Newport, R.I.

Ensign Thomas Nelson, Naval Medical Clinic, Pearl Harbor, Hawaii

Ensign Matthew Nolan, Naval Medical Center, San Diego, Calif.

Lt. j.g. Mario Paul, Naval Hospital, Keflavik, Iceland

Lt. j.g. Darren Pierce, Naval Hospital, Camp Lejeune, N.C.

Lt. j.g. Tobe Pilato, Naval Dental Center, Far East, Yokosuka, Japan

Ensign Richard Prescott, Naval Nuclear Power Training Command, Charleston, S.C.

Ensign Jodi Rabideau, Naval Medical Research Unit 2, Jakarta, Indonesia

Lt. j.g. Roy Ranglin, Health Care Support, Jacksonville, Fla.

Ensign Daryl Rohde, Naval Hospital, San Diego, Calif.

Lt. j.g. Kenya Smith, 2D Force Service Support Group, Fleet Marine Force Atlantic, Camp Lejeune, N.C.

Lt. j.g. Elias Suero, 2D Force Service Support Group, FMF Atlantic, Camp Lejeune, Calif.

Lt. j.g. Jesus Thompson, National Naval Medical Center, Bethesda, Md.

Lt. j.g. Maria Van Zee, Naval Hospital, Camp Lejeune, N.C.

Ensign Scott Woosley, 1st Force Service Support Group, Fleet Marine Force Pacific, Camp Pendleton, Calif.

Ensign Daniel Zahumensky, 1st Force Service Support Group, Fleet Marine Force Pacific, Camp Pendleton, Calif.

Newport Winter Festival presents

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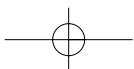
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Navy-wide news

Admiral Moorer dies, was CJCS

WASHINGTON (NNS) — Retired Adm. Thomas Moorer, chairman of the Joint Chiefs of Staff from July 1970 to June 1974 and Chief of Naval Operations from 1967 to 1970, died Feb. 5 at the National Naval Medical Center in Bethesda, Md. He was 91.

The 41-year Navy veteran retired from active duty in 1974, ending a distinguished career that included service as the seventh chairman of the Joint Chiefs of Staff and 18th Chief of Naval Operations.

Moorer was serving with Patrol Squadron (VP) 22 at Pearl Harbor, Hawaii, when the Japanese attacked in December 1941.

Moorer is survived by his wife, the former Carrie Ellen Foy, and their four children.

Defense budget at \$402 billion

WASHINGTON (NNS) — The \$401.7 billion defense budget request for fiscal 2005 fully funds current readiness while maintaining course for transforming the military, DoD officials said Feb. 2.

Under the proposal, service members would receive a 3.5

percent across-the-board pay raise.

The request also would increase the basic allowance for housing to eliminate all out-of-pocket expenses for service members.

The budget request also asks for up to \$500 million to train military and security forces in Iraq, Afghanistan and neighboring countries.

Under the fiscal 2005 budget proposal, the Army would receive \$97.2 billion; the Navy and Marines Corps, \$119.3 billion; the Air Force would receive \$120.5 billion; and defense agencies \$64.7 billion.

It would fund operations and maintenance at \$140.6 billion, military personnel accounts at \$104.8 billion, procurement at \$74.9 billion and research-and-development accounts at \$68.9 billion.

The Navy wants \$3.4 billion for three DDG 51 Arleigh Burke-class destroyers. The service also budgeted \$352.1 million for one littoral combat ship and for research and development.

The budget calls for one LPD-17 San Antonio-class amphibious transport dock at a price tag of \$1 billion. The ship is used to transport Marines, their equipment and their aircraft. The Navy expects

these ships to remain in service through 2050.

Finally, the 2005 budget calls for one Virginia-class attack submarine at \$2.6 billion.

Navy offering bonus to nurses

WASHINGTON (NNS) — The Navy has doubled the bonus for direct accession nurses entering active duty from \$5,000 to \$10,000. The increase is designed to bolster recruiting efforts.

The services are not alone in the challenge to recruit qualified nurses, noted personnel officials.

"The nursing field at large in the United States continues to suffer from a significant shortage of people," said Capt. Susan Martin-Sanders, Navy nurse corps officer community manager.

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